

PUNE

VAMA THERAPY COURSES

Unlock New Income Streams with High-End
International Beauty & Spa Services

- India's First International
Therapy Program Designed by
Vama Therapy

Courses

1. Japanese Inspired Facial Therapy

Inspired by traditional Japanese Facial Therapy (Kobido & Tsuboki Facial)

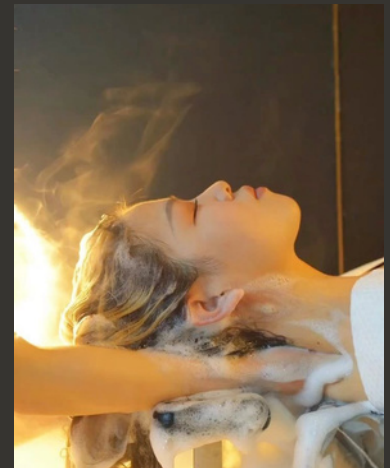
A luxurious, holistic Japanese facial therapy focused on natural face lifting, skin detoxification, improved blood circulation, and deep relaxation.

This advanced treatment blends Kobido lifting techniques and Tsuboki pressure-point facial therapy, helps to sculpt, tone, and rejuvenate the skin while restoring mind-body balance.

Includes:

- Kobido facial lifting techniques
- Tsuboki facial therapy for pressure-point stimulation
- Japanese fusion facial sequence
- Music therapy & aromatherapy for facial sessions
- ASMR-based relaxation rituals
- Advanced facial add-ons with professional business guidance
- 7 chakra Self Healing & Clint healing

Helps visible lifting, glowing skin, and deep relaxation.



2. Japanese Inspired Head & Hair Therapy (Luxury Hair Spa Treatment)

A premium head, scalp, and hair rejuvenation therapy designed to improve scalp health, enhance hair growth, release stress, and provide ultimate relaxation.

This treatment combines scalp , hair spa rituals, aromatherapy, and holistic relaxation techniques to restore both scalp vitality and emotional balance.

Includes:

- Music therapy & aromatherapy
- Scalp techniques
- Deep scalp detox & rejuvenation methods
- head massage therapy sequence
- Hair spa treatment protocol
- Botanical product kits & product application methods
- Advanced scalp add-ons for luxury services
- 7 Chakra self-healing & client healing Meditation (Knowledge Purpose Only)

Helps in healthy scalp, stronger hair, stress relief, and complete mind-body harmony.



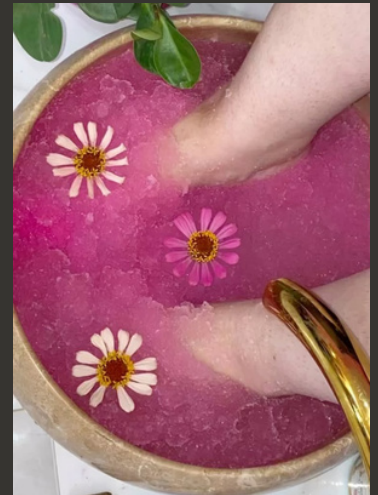
Courses

3. Japanese Inspired Pedicure

A therapeutic pedicure , foot reflexology, and natural detox treatments.

Includes:

- Nail & foot rituals
- foot spa rituals
- Advanced detox & candle massage pedicure
- . Jelly pedicure
- . Reflexology
- . Treditional tools
- . Jelly Mask and Cream mask



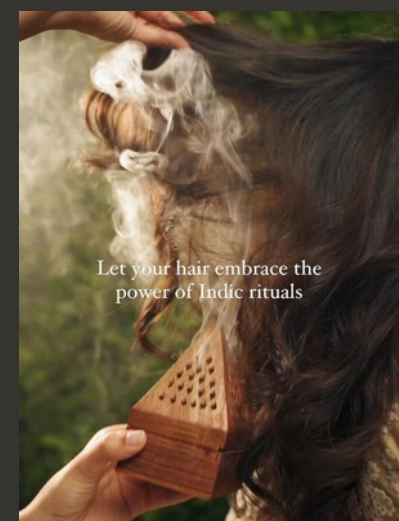
4] Banana Leaf Hair & Scalp Treatment

A unique traditional Ayurveda inspired therapy using banana leaf wrapping for deep nourishment, detox, and scalp healing. Specially for teatments - Hairfall, Dandruff, Dryness etc.

Includes:

- Ingredients and recipies
- Banana leaf preparation
- Step-by-step treatment ritual
- Head massage
- smoke therapy

Helps in improving scalp and hair health with organic products.



Courses

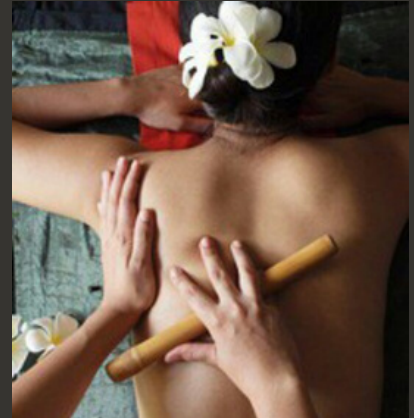
5] Hot Bamboo Massage - Inspired by Chinese and Japanese healing methods.

A powerful full-body therapy using warm bamboo sticks for muscle relief, relaxation, and body toning.

Includes:

- Bamboo Massage Orientation
- . Bamboo preparation
- Full body bamboo sequences
- Muscle-relief bamboo techniques
- less hardwork techniques

Helps in lymphatic drainage, relieving muscle pain and tension.



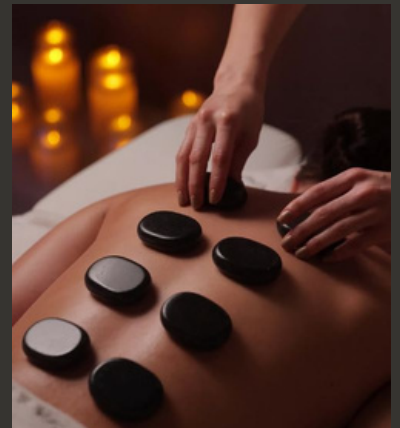
6] Hot Stone Massage Ancient Japanese Inspired

A deeply relaxing therapy combining heated stones, chakra placement, and contrast techniques.

Includes:

- Stone preparation
- . Clint Preperation for stone massage
- . Stone safety & temperature control
- Full body hot stone sequence
- . Stone placement and heeling

Helps in blood circulation, deep muscle relaxation and reduce muscle tention.



Courses

7. Face reflexolog

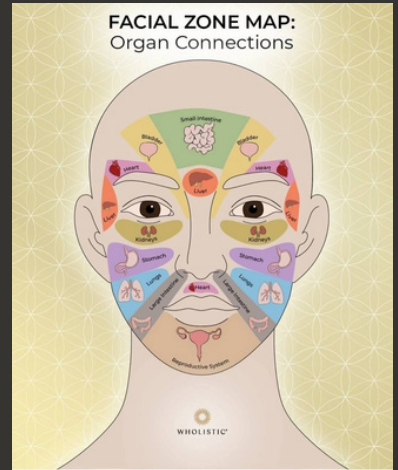
Face Reflexology Course

This course focuses on facial reflex points and nerve stimulation techniques that influence both body balance and skin health.

What you will learn:

- . Fundamentals of face reflexology
- . Face mapping and organ connections
- . Anti-stress and relief points
- . Glow-enhancing stimulation methods
- . Complete salon-ready facial reflexology sequence

This treatment improves skin glow, promotes lifting, and delivers deep relaxation.



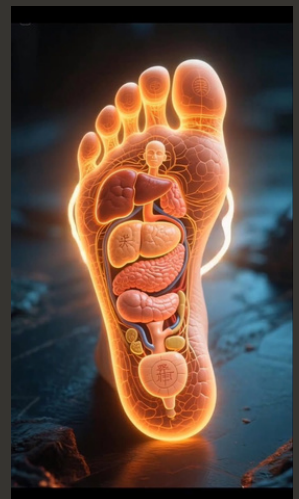
8. Foot Reflexology Course – Brief

This course is designed to help you understand and work on specific reflex points on the feet that are connected to different organs and systems of the body.

What you will learn:

- . Basics and theory of foot reflexology
- . Organ-wise reflex point mapping on the feet
- . Correct thumb and finger pressure techniques
- . Protocols for stress, digestion, and sleep support
- . Complete step-by-step professional treatment sequence

This treatment provides deep relaxation and helps stimulate internal body systems naturally.

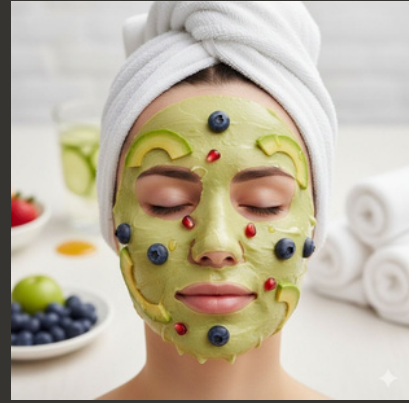


Courses

9. Organic fruit facials

Organic Real Fruit Facial Course

This course focuses on using fresh, natural fruits to nourish the skin and enhance natural glow without any chemicals. It combines skincare techniques with the goodness of vitamins and antioxidants for healthy, radiant skin.



What you will learn:

- . Fundamentals of organic fruit facial
- . Skin type analysis and fruit selection
- . Benefits of different fruits for skin (banana, papaya, orange, etc.)
- . Natural cleansing, scrubbing, and massage techniques
- . Preparation of fruit packs and creams

. Complete salon-ready organic fruit facial sequence

This treatment improves skin glow, deeply nourishes the skin, hydrates naturally, and gives a fresh, healthy, and radiant look without side effects.

Courses

10. 7 Chakra Sound Bath Healing with Reiki

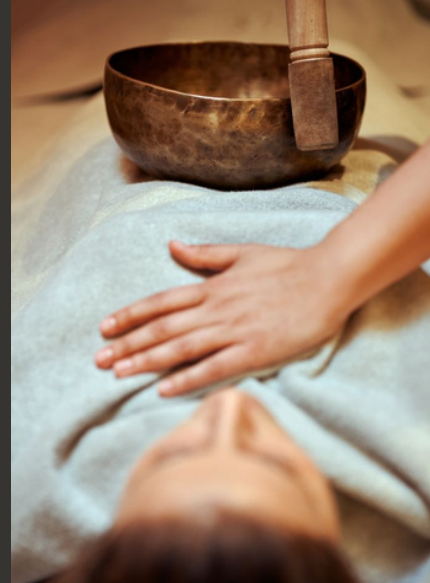
7 Chakra Sound Bath Healing with Reiki Course

This course focuses on balancing the body's seven chakras using sound healing techniques and Reiki energy. It combines vibrations, frequencies, and energy healing methods to promote deep relaxation, emotional release, and overall well-being.

What you will learn:

- . Fundamentals of 7 chakra system and energy flow
- . Introduction to sound healing instruments (singing bowls, bells, etc.)
- . Chakra-wise sound frequencies and their effects
- . Basics of Reiki healing and energy channeling
- . Techniques for combining sound bath with Reiki
- . Methods for stress relief, emotional healing, and energy balancing
- . Complete session setup and client handling

This treatment helps in balancing energy centers, reducing stress and anxiety, improving emotional clarity, and creating deep relaxation and inner peace.



This PDF Includes Complete Course Information

1. Printed notes of all the therapies
2. Hands on practice on japanese/korean beds
3. Placements in Abroad
4. life time access to manifestation and universe energy sessions ones a week on mondays.
5. A small gift from my side
6. International level certifications
7. Vama therapy IAF ISO certification
8. Pre recorded sessions so that you can practice at home by watching all the professional recordings for 1 month
9. life time doubt clearing on whatsapp asistan
10. Intagram marketing secret strategy to get fast growth

This PDF Includes Complete Course Information

1. Premium self-paced video modules designed exactly like live training, so you learn with step-by-step guided demonstrations at your own comfort and timing.
2. When you enroll in the complete bundle, you become eligible for weekly 15-minute live sessions focused on Law of Attraction, Self healing, Manifestation, and Mindset Growth to support your personal and professional success.
3. You will receive full support, including guidance on where to purchase professional equipment at discounted prices.
4. 1 months access to all course content, including future updates and newly added materials during the access period.
5. Certification upon course completion, recognized under Vama Therapy, helping you build credibility in the wellness & salon industry, not affiliated with any International body.
6. Step-by-step video training, manuals, treatment protocols, and easy-to-follow procedures suitable for professionals not for beginners.
7. Private WhatsApp Support for clearing doubts and getting personal guidance throughout your learning journey.
8. Learn unique Internationally demanding wellness therapies not commonly available in India, giving you a strong competitive advantage.
9. Course has focus on practical demonstration more than theory.

Course Fees

Japanese Facial	₹25,000
Japanese Head & Hair Therapy.....	₹20,000
Japanese Pedicure	₹15,000
Banana Leaf Hair & Scalp Treatment.....	₹15,000
Chinese Bamboo Massage.....	₹15,000
Hot stone massage.....	₹15,000
Ancient Japanese Hot Stone Massage.....	₹15,000
Face and Foot Reflexology.....	₹15,000
Sound bath and Reiki Healing.....	₹15,000
Organic real fruit facial.....	₹15,000
Total.....	₹1,65,000

Stay and food.... 20,000

GST 18%..... 29,700

Total..... 2,15,000

SPECIAL OFFER

If you enroll in all the courses together,
you'll receive the complete bundle at a discounted price of

~~₹2,15,000~~

**₹1,20,000/-
Only**

Location- Pune

Guide you on where to purchase equipment at discounted prices, and provide you with 6 months doubt clearing on whatsapp assistance.